June, 4, 2014

**Congratulations!** The 2013-2014 school year is coming to an end. Summer is a great time to have your well-child or well-teen examination.

The Cowlitz County Health Department would like to encourage you to make an appointment for your child with their doctor for a well-child or well-teen checkup this summer.

**Keep Our Children Healthy and Ready to Learn**

A check-up can include:

- Physical Examination
- Nutrition Screening
- Vision Screening
- Hearing Screening
- Dental Screening
- Learning and Behavior Check Up
- Immunizations Needed for Next School Year

Call your doctor to make an appointment.

Thank you and we hope you have a happy and healthy summer.

Jennifer Vines, MD, MPH
Health Officer
Cowlitz County Health Department