

Washington WIC Medical Documentation Form - Infants (Birth to 12 months)

Infant's Name _____

Date of Birth _____

Caregiver's Name _____

1. Alternate formulas (19 calories per fluid ounce)

WIC provides Similac Advance and Good Start Soy as standard formulas. WIC provides alternate formulas when there's an assessed need. After completing the assessment, check the formula needed.

- Similac Sensitive for lactose sensitivity
- Similac for Spit-Up for excessive spitting up
- Similac Total Comfort for digestive issues

Skip to Box 5 (if no qualifying medical diagnosis)

For this section: The selected formula is provided until 12 months of age. Supplemental foods are added at 6 months. If the infant can't tolerate baby foods between 6-12 months of age and needs additional formula in lieu of foods, complete all boxes except 2.B and 2.C.

2. Formulas that require a qualifying medical diagnosis:

A. Check a qualifying diagnosis:

- Gastrointestinal disorders/malabsorption syndrome
- Preterm or early delivery \leq 38 weeks gestation
- Metabolic disorders/inborn errors of metabolism
- Severe food allergies: **must explain under Notes**
- Other medical diagnosis or condition that impacts nutritional status: **must explain under Notes**
- Failure to thrive
- Low birth weight \leq 5 lbs. 8 oz.
- Immune system disorders

Notes:

B. Prescribe therapeutic formula

- Similac NeoSure (22 kcal/oz.)
- Enfamil Nutramigen
- Gerber Extensive HA
- Enfamil EnfaCare (22 kcal/oz.)
- Similac Alimentum

C. For 6 – 12 month old infants on standard WIC formulas who can't tolerate baby foods (must complete 4.C.)

- Similac Advance (20 kcal/oz.)
- Good Start Soy (20 kcal/oz.)

D. Prescribe amount: _____

- Allow up to maximum amount, WIC Staff and caregiver will determine amount **OR** _____ ounces per day (not to exceed the maximum amount of formula allowed by WIC listed on back)

3. Length of time

- 3 months
- 6 months
- until 12 months of age
- Other : _____ (not to exceed 12 months of age)

If mother returns to Fully Breastfeeding WIC staff will discontinue formula.

4. WIC supplemental foods: Unless indicated below, WIC provides supplemental foods at 6 months of age.

- A. WIC Dietitian to determine type and amount of supplemental foods, and length of time (if Yes; go to Box 5)
- B. No Infant Cereal No Infant Fruits/Vegetables
- C. For 6 – 12 month old infants: formula only – provide additional formula in lieu of infant foods due to inability or delay in consuming solids. **Indicate a qualifying diagnosis in Box 2. A.**

5. Healthcare provider information

Name: _____ Date: _____
Print or Stamp

Signature: _____ Phone: (____) _____ Fax: (____) _____

6. Release of Information – signed by caregiver

I authorize Washington WIC staff to talk to my health care provider about my child's health and nutrition needs. This authorization is good for the length of this certification. I understand that I may cancel this authorization at any time by written request to WIC staff. This release isn't a condition of WIC eligibility. This release doesn't include these conditions: sexually transmitted infections, mental health concerns, and chemical dependencies.

Caregiver Signature _____ Date _____

Printed Name _____

WIC Clinic: _____ Phone: _____ Fax: _____

Instructions for this form are on the back. Questions? Call the infant's local WIC clinic or the Washington State Nutrition Program at 1-800-841-1410.

For more information go to: <http://www.doh.wa.gov/wicformula.aspx>

BREASTFED BABIES ARE HEALTHIER. WIC SUPPORTS BREASTFEEDING

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WIC is a supplemental food and nutrition program. WIC doesn't provide all the formula or foods an infant needs each month. Federal regulations require all WIC programs to obtain a formula rebate contract to help contain costs. Washington WIC currently provides Similac Advance or Good Start Soy as the standard formulas.

INSTRUCTIONS:

Client Information: Print first and last name, date of birth, and name of caregiver.

1. Alternate formulas

WIC can provide alternate Similac formulas if Similac Advance or Good Start Soy isn't tolerated. To request Similac Sensitive, Similac for Spit-up, or Similac Total Comfort:

- Check the appropriate box for either Similac Sensitive, Spit-up, or Total Comfort.
- Go to Box 5 and sign and date the form.
 - WIC will provide the maximum amount of the alternate Similac formula according to infant category and breastfeeding status until the infant reaches 1 year of age.
 - If the infant can't tolerate baby foods between 6-12 months of age, WIC can provide additional formula in lieu of baby foods if the infant has a qualifying medical diagnosis. In this situation, complete the form **except** 2.B. and 2.C.

2. Formulas that require a qualifying medical diagnosis:

- A. Check a qualifying medical diagnosis.
- B. Check requested therapeutic formula. Under notes, indicate any special needs (i.e. concentrating formula to increase calories or ready-to-feed)
- C. If a 6 – 12 month old infant is on Similac Advance or Good Start Soy and can't tolerate infant foods **and** needs additional formula, check the formula the infant needs. Complete Box 4 to tell WIC staff to issue only formula to the infant.
- D. Check either: "Allow up to the maximum amount of formula" or indicate the number of ounces per day if the amount is less than WIC provides. Refer to the table below for the maximum amount of formula allowed per month as defined by federal regulations.

Infant formula type	Birth - 3 months	4 - 5 months	6 - 12 months	6 - 12 months when foods not allowed
Powder (reconstituted)	Up to 870 fl. oz.	Up to 960 fl. oz.	Up to 696 fl. oz.	Up to 960 fl. oz.
Concentrate (reconstituted)	Up to 823 fl. oz.	Up to 896 fl. oz.	Up to 630 fl. oz.	Up 896 fl. oz.
Ready-to-feed	Up to 832 fl. oz.	Up to 913 fl. oz.	Up to 643 fl. oz.	Up to 913 fl. oz.
Infant foods				
Infant cereal	None	None	24 oz.	None – foods not provided due to medical diagnosis
Baby food fruits and vegetables	None	None	128 oz.	None – foods not provided due to medical diagnosis

3. Length of time

Check the number months, or write in a time frame not to exceed 12 months of age.

4. WIC supplemental foods

- A. Check "WIC dietitian" if you prefer the WIC dietitian to work with the caregiver to assign infant foods and determine how long the infant should receive these foods from WIC.
- B. Check what foods the infant can't tolerate for medical reasons. WIC provides infant fruits and vegetables on one check. WIC staff will instruct the caregiver how to choose foods following your directive.
- C. Check formula only if the infant can't tolerate any infant foods, or must delay introduction of foods because of a medical diagnosis. A medical diagnosis is required if more formula is to be provided in lieu of foods.
- D. If this section is left blank, WIC will provide supplemental foods.

5. Healthcare provider information

- A. Print name of medical provider, sign, and date the form.
- B. A signature or stamp is required along with phone number and date. A fax number is recommended.

6. Release of information

This is a voluntary authorization the infant's caregiver can sign allowing WIC staff to share information with the healthcare provider.

Additional information

- WIC staff may call the healthcare provider's office if there's missing information or to clarify the request.
- WIC staff can't issue formula for more than one month when the form is incomplete.
- The healthcare provider's office may fax the completed form to the WIC clinic if the fax number is on the bottom of the front page or the client's caregiver may return the form to the WIC clinic.
- **If mother returns to Fully Breastfeeding WIC staff will discontinue formula.**