

# Doctor's Office vs. Emergency Room



## WHICH SHOULD YOU CHOOSE?

### DOCTOR'S OFFICE

**REMEMBER** you can call your doctor's office 24 hours a day, 7 days a week. They are your Medical Home. Call for help, advice, and an appointment.

For common illnesses, when your child looks or acts sick:

- fever
- sore throats, coughs
- flu

For problems that need care now:

- infections
- injuries, sprains, and cuts that need stitches
- asthma
- vomiting

And as always, for:

- checkups and shots
- help with long-term illnesses or conditions

### POISON CONTROL

Washington Poison Center (Open 24 hours)

1-800-222-1222

Call for immediate, free, confidential, and expert treatment advice in case of exposure to poisonous, hazardous or toxic substances.

If there are life threatening concerns, dial 911.

### EMERGENCY ROOM OR CALL 911

Go to the **Emergency Room** or call 911 when a child could die or risk their health without help NOW!

- when bleeding won't stop
- after a convulsion/seizure (unusual staring or movements)
- when breathing is very hard
- after a serious accident



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