

Behavioral Health Care Resources for Children and Teens In

Kitsap County

Finding a mental/behavioral health counselor

- Counties/regions: [list local agenc\(ies\) here](#) OR [list BHO website to find list](#)
 - Crisis Clinic of the Peninsulas, Phone: 1-800-843-4793
 - Kitsap Mental Health Services, Access Center, Phone: 360-405-4010
 - Peninsulas 2-1-1, Phone: 2-1-1 or 1-866-736-9634 or Website: <http://win211.org/>
 - For those with Medicaid: contact your local Behavioral Health Organization (BHO):
 - Salish BHO, Phone: (360) 337-7050 or Website: <http://www.kitsapgov.com/hs/sbho/sbhomain.htm>
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- Those with private health insurance may also contact their insurance company for a list of providers.

Substance abuse services

- Agape Unlimited
- Healthy Whole Solutions
- West Sound Treatment Center Assessment only
- Washington Recovery Help line: 1-866-789-1511 or www.warecoveryhelpline.org

Crisis services

- Crisis/acute mental health care:
 - Kitsap Mental Health Services, Crisis Response Team, Phone: 360-373-3425
 - To access county/regional crisis line:
www.dshs.wa.gov/bha/division-behavioral-health-and-recovery/state-mental-health-crisis-lines
OR call
 - Crisis Clinic of the Peninsulas, Phone: 1-800-843-4793
 - Coffee Oasis Youth Crisis Line, Text Only 360-377-5560
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(Note: anyone can call their local county crisis line regardless of insurance coverage)

- Teenlink: confidential teen-answered from 6pm to 10pm Answered by Crisis Connections
outside those hours computer chat service: 1-866-833-6546 or <http://866teenlink.org>
- NAMI crisis line: text "NAMI" to 741741

Suicide prevention and intervention resources

- US National Suicide Hotline: 1-800-SUICIDE or 1-800-273-TALK (8255)
 - Chat at www.suicidepreventionlifeline.org
- Youth Suicide Prevention Program: www.yspp.org
- The Trevor Project: (free, confidential line for teens who are gay, lesbian, bisexual, transgender)
 - Call 1-866-4-U-TREVOR
 - Chat at www.thetrevorproject.org/
- Crisis text line: Text to 741741 to talk to a trained counselor

Psychiatric inpatient services for youth

- Kitsap Mental Health Services, Youth Inpatient Unit, Phone: (360) 377-8583
- Kitsap Mental Health Services, Crisis Response Team, Phone: 360-373-3425
- Harrison Hospital ER, Phone (360) 744-3911

Family support organizations

- Kitsap Community Resources, Phone: (360) 473-2035 or http://www.kcr.org/families_children.htm
- Catholic Community Services, Phone: (360) 792-2020
- Parent Trust: www.parenttrust.org

Information/support about mental health/disorders

- National Alliance on Mental Illness (NAMI): resources, links to local support groups
<http://www.nami.org/>
- Substance Abuse and Mental Health Services Administration (SAMHSA): resources, education, support:
<https://www.samhsa.gov/>
- National Institute Health
<https://www.nih.gov/>

General information

- Washington Recovery Help Line: 24-hour help for substance abuse, problem gambling, and mental health
1-866-789-1511 www.warecoveryhelpline.org
- Washington 2-1-1
Dial 2-1-1 www.resourcehouse.info/Win211
- Washington State Department of Social and Health Services
Local office: *Children's Administration – Kitsap, Phone: (360) 475-3501*
- Apply for Health Insurance: <https://www.wahealthplanfinder.org> or 1-855-923-4633
- Child Protective Services (CPS): <https://www.dcyf.wa.gov/>
- To report child abuse/neglect: 1-866-ENDHARM (1-866-363-4276)

