Behavioral Health Care Resources for Children and Teens In

Kitsap County

Finding a mental/behavioral health counselor
• Counties/regions: list local agency(ies) here OR list BHO website to find list
• Crisis Clinic of the Peninsulas, Phone: 1-800-843-4793
• Kitsap Mental Health Services, Access Center, Phone: 360-405-4010
• Peninsulas 2-1-1, Phone: 2-1-1 or 1-866-736-9634 or Website: http://win211.org/
• For those with Medicaid: contact your local Behavioral Health Organization (BHO):
  • Salish BHO, Phone: (360) 337-7050 or Website: http://www.kitsapgov.com/hs/sbho/sbhomain.htm

• Those with private health insurance may also contact their insurance company for a list of providers.

Substance abuse services
• Agape Unlimited
• Healthy Whole Solutions
• West Sound Treatment Center Assessment only
• Washington Recovery Help line: 1-866-789-1511 or www.warecoveryhelpline.org

Crisis services
• Crisis/acute mental health care:
  • Kitsap Mental Health Services, Crisis Response Team, Phone: 360-373-3425
• To access county/regional crisis line:
  www.dshs.wa.gov/bha/division-behavioral-health-and-recovery/state-mental-health-crisis-lines
  OR call
• Crisis Clinic of the Peninsulas, Phone: 1-800-843-4793
• Coffee Oasis Youth Crisis Line, Text Only 360-377-5560

(Note: anyone can call their local county crisis line regardless of insurance coverage)
• Teenlink: confidential teen-answered from 6pm to 10pm Answered by Crisis Connections outside those hours computer chat service: 1-866-833-6546 or http://866teenlink.org
• NAMI crisis line: text “NAMI” to 741741

Suicide prevention and intervention resources
• US National Suicide Hotline: 1-800-SUICIDE or 1-800-273-TALK (8255)
  • Chat at www.suicidepreventionlifeline.org
• Youth Suicide Prevention Program: www.yspp.org
• The Trevor Project: (free, confidential line for teens who are gay, lesbian, bisexual, transgender)
  • Call 1-866-4-U-TREVOR
  • Chat at www.thetrevorproject.org/
• Crisis text line: Text to 741741 to talk to a trained counselor
Psychiatric inpatient services for youth
• Kitsap Mental Health Services, Youth Inpatient Unit, Phone: (360) 377-8583
• Kitsap Mental Health Services, Crisis Response Team, Phone: 360-373-3425
• Harrison Hospital ER, Phone (360) 744-3911

Family support organizations
• Kitsap Community Resources, Phone: (360) 473-2035 or http://www.kcr.org/families_children.htm
• Catholic Community Services, Phone: (360) 792-2020
• Parent Trust: www.parenttrust.org

Information/support about mental health/disorders
• National Alliance on Mental Illness (NAMI): resources, links to local support groups
  http://www.nami.org/
• Substance Abuse and Mental Health Services Administration (SAMHSA): resources, education, support:
  https://www.samhsa.gov/
• National Institute Health
  https://www.nih.gov/

General information
• Washington Recovery Help Line: 24-hour help for substance abuse, problem gambling, and mental health
  1-866-789-1511 www.warecoveryhelpline.org
• Washington 2-1-1
  Dial 2-1-1 www.resourcehouse.info/Win211
• Washington State Department of Social and Health Services
  Local office: Children’s Administration – Kitsap, Phone: (360) 475-3501
• Apply for Health Insurance: https://www.wahealthplanfinder.org or 1-855-923-4633
• Child Protective Services (CPS): https://www.dcyf.wa.gov/
• To report child abuse/neglect: 1-866-ENDHARM (1-866-363-4276)