

Behavioral Health Care Resources for Children and Teens

North Central Washington – Chelan and Douglas Counties

Mental Health Services

Agencies:

- **Catholic Charities*** | 145 S Worthen St, Wenatchee, (509) 662-6761
- **Children’s Home Society of Washington*** | 1014 Walla Walla Ave, Wenatchee, (509) 663-0034, and 220 Eastmont Ave, East Wenatchee, (509) 885-9090
- **Columbia Valley Community Health – Children’s Behavioral Health*** | 140 Easy Way, Wenatchee, (509) 662-4296, and 317 E Johnson, Chelan, (509) 682-6000
- **Columbia Valley Community Health – Behavioral Medicine*** (*must be established with CVCH primary care physician; walk-in’s okay for CVCH patients*) | 600 Orondo Ave, Wenatchee, (509) 662-6000 ext. 1073
- **Confluence Health Behavioral Health** | 630 N Chelan Ave, Suite A7, Wenatchee, (509) 665-7944
- **Lake Chelan Community Hospital** | 503 E Highland Ave, Chelan, (509) 682-3300
- **Safety Advocacy Growth Empowerment (SAGE)** (*victims of domestic and sexual violence*) | 710 N Chelan Ave, Wenatchee, (509) 663-7446
- **Wenatchee Valley College Counseling Services** (*enrolled students*) | 1300 5th St, 1st floor, Wenatchi Hall, Wenatchee, (509) 682-6850

Private Mental Health Practitioners that Treat Children and Adolescents:

- Bo Christal, MA LMHC | 208 N Chelan Ave, Wenatchee (509) 387-1799
- Cheryl Short, MA MDiv LMFT LMHC | Wenatchee, (509) 778-4484
- Dana Wolf, MS LMHC | 113 2nd St, Ste 7, Wenatchee, (509) 774-2388
- Debra Ciarlo, MEd LMHC | 210 Methow St, Wenatchee, (509) 774-2346
- Dee Cummings, BSP CC | 807 Benton Way, Wenatchee, (509) 631-9591
- Heidi Whitney, LMHC | 113 2nd St, Ste 12, Wenatchee, (509) 860-8664
- Julie Ray, MS LMFT | 100 Maple St, Ste C, Cashmere, (509) 571-2231
- Kathleen Hill, MA LMFT | 430 Elva Way, East Wenatchee, (509) 822-2588
- Kristen Callison, PhD LMFT | 417 King St, Wenatchee, (509) 774-2609
- Maggie Ellis, LMHC | 23 S Wenatchee Ave, Wenatchee, (509) 387-0243
- Manoah Winter, MAEd LMHC | 113 2nd St, Ste A, Wenatchee, (509) 412-3891
- Rebecca Michkiosky, MA LMHC | 11 Spokane St, Ste 205A, Wenatchee, (509) 860-4350
- Rosemarie McKee, MSW LICSW | 539 S Chelan, Wenatchee, (509) 774-6582
- Shipowick-Smith Counseling, LLC* (*private group practice with multiple therapists*)
326 N Miller St, Wenatchee, (509) 667-0679
- Terri Greer, PhD LMHC* | 539 S Chelan, Wenatchee, (509) 774-5949
- Tim Bartlett, MS LMHC | 11 Spokane St, Ste 203B, Wenatchee, (509) 774-5390

Substance Use Disorder Services

- **Columbia Counseling** | 610 N Mission St, Ste 106 Wenatchee, (509) 888-4404
- **Columbia Valley Community Health – New Path*** | 819 N Miller St, Ste 1-B, Wenatchee, (509) 682-6000
- **Lake Chelan Community Hospital** | 503 E Highland Ave, Chelan, (509) 682-3300
- **The Center for Alcohol and Drug Treatment*** | 327 Okanogan Ave, Wenatchee, (509) 662-9673
- **Washington Recovery Help Line** – 1 (800) 789-1511 or www.warecoveryhelpline.org

Behavioral Health Care Resources for Children and Teens

Crisis Services

- **Catholic Charities Walk-in Crisis Services*** | 145 S Worthen St, Wenatchee, (509) 662-6761
- **Central Washington Hospital Emergency Room** | 1201 S Miller St, Wenatchee, (509) 662-1511
- **Chelan-Douglas 24/7 Community Mental Health Crisis Line*** (*run by Catholic Charities*) | (509) 662-7105 or 1 (800) 852-2923
- **Lake Chelan Community Hospital Emergency Room** | 503 E Highland Ave, Chelan, (509) 682-3300
- **SAGE 24/7 Domestic and Sexual Violence Hotline** | (509) 663-7446 or teen text line: (509) 669-9652
- **Teenlink** (*a confidential teen-answered hotline and computer chat service run by Washington Recovery Help Line*) | 1 (800) 833-6546 or <http://866teenlink.org>
- **National Alliance on Mental Illness (NAMI) Crisis Text Line** | text NAMI at 741741

Suicide Prevention and Intervention Services

- **National Alliance on Mental Illness (NAMI) Crisis Text Line** | text NAMI at 741741
- **Red Nacional de Prevencion del Suicidio** (*national Spanish-speaking hotline*) | 1 (888) 628-9454
- **The Trevor Project** (*confidential hotline for suicidal LGBT teens*) | 1 (866) 4-U-TREVOR
- **U.S. National Suicide Hotline** | 1-800-SUICIDE or 1-800-273-TALK (8255) or www.suicidepreventionlifeline.org

Pediatric Therapy & Early Intervention Services

- **Achieve Center Pediatric Therapy*** (*Speech, Physical, Occupational Therapies*) | 1500 S Mission St, Wenatchee, (509) 888-2505
- **NC Educational Service District Early Intervention*** | 175 E Penny Rd, Wenatchee, (509) 664-3781
- **Ohana Therapy and Activity Center*** (*Occupational Therapy*) | 1139 N Princeton St, Ste B, Wenatchee, (509) 888-7435, and 940 US Hwy 2, Unit C, Leavenworth, (509) 888-7435

Family Support Services

- **National Alliance on Mental Illness (NAMI) Chelan-Douglas** | Wenatchee, (509) 663-8282, <http://namicd.org/>
- **Parent Trust for Washington Children** | Statewide Family Help Line – 1 (800) 932-HOPE (4673), www.parenttrust.org
- **The Compassionate Friends** (*supporting families grieving a child's death*) | Director-Carol Sunada, (509) 860-3620, www.tcfwenatcheevalley.org

Additional Resources

- **WashingTeenHelp.org** (*connects pregnant/parenting teens to state benefits and community supports*)
- **Central Washington Sleep Diagnostic Center** | 603 N Mission St, Wenatchee, (509) 663-1578
- **Mental Health Ombuds Service** (*covering Chelan, Douglas, & Grant Counties*) | 1 (844) 636-2038
- **Washington Health Care Authority Customer Service** | 1 (800) 562-3022
- **Washington Health Plan Finder** (*apply or renew Washington Apple Health (Medicaid) health insurance*) <https://www.wahealthplanfinder.org> or 1 (855) 923-4633
- **Washington Information Network 211** | <https://www.resourcehouse.info/win211/Index>
- **Washington State DSHS Report Abuse & Neglect** | 1 (866) END-HARM (363-4276) or 911 if emergency

*clinic enrolled in Washington State's Pediatric Transforming Clinical Practices Initiative (P-TCPi)

Behavioral Health Care Resources for Children and Teens

North Central Washington – Grant County



Mental Health Services

Agencies:

- **Grant Integrated Services** | 840 E Plum St, Moses Lake, (509) 765-9239, and 203 Central Ave S, Quincy, (509) 787-4466, and 322 Fortuyn Rd, Grand Coulee, (509) 633-1471, and 130 Camela St, Royal City, (509) 765-9239, and 131 Basin St SW, Ephrata, (509) 765-9239, and 215 1st St, Mattawa, (509) 932-0100

Private Mental Health Practitioners:

- Ron Norton, MS MEd LMHC | Moses Lake, Ephrata, and Quincy, (509) 398-0401

Substance Use Disorder Services

- **Grant Integrated Services** | 840 E Plum St, Moses Lake, (509) 765-9239
- **Washington Recovery Help Line** – 1 (800) 789-1511 or www.warecoveryhelpline.org

Crisis Services

- **North Central Washington Crisis Line** (*professional counselors available 24/7*) | (800) 852-2923
- **Samaritan Hospital Emergency Room** | 801 E Wheeler Rd, Moses Lake, (509) 765-5606
- **Teenlink** (*a confidential teen-answered hotline and computer chat service run by Washington Recovery Help Line*) | 1 (800) 833-6546 or <http://866teenlink.org>
- **National Alliance on Mental Illness (NAMI) Crisis Text Line** | text NAMI at 741741

Suicide Prevention and Intervention Services

- **National Alliance on Mental Illness (NAMI) Crisis Text Line** | text NAMI at 741741
- **Red Nacional de Prevencion del Suicidio** (*national Spanish-speaking hotline*) | 1 (888) 628-9454
- **The Trevor Project** (*confidential hotline for suicidal LGBT teens*) | 1 (866) 4-U-TREVOR
- **U.S. National Suicide Hotline** | 1-800-SUICIDE or 1-800-273-TALK (8255) or suicidepreventionlifeline.org

Pediatric Therapy & Early Intervention Services

- **Achieve Center Pediatric Therapy*** (*Speech, Physical, Occupational Therapies*) | 2323 W Broadway Ave, Ste 3, Moses Lake, (509) 707-0336, and 1500 S Mission St, Wenatchee, (509) 888-2505
- **Autism Therapy Services of Moses Lake*** | 618 S Alder St, Moses Lake, (509) 764-6644

Family Support Services

- **National Alliance on Mental Illness (NAMI) Chelan-Douglas** | Wenatchee, (509) 663-8282, <http://namicd.org/>
- **Parent Trust for Washington Children** | Statewide Family Help Line – 1 (800) 932-HOPE (4673), www.parenttrust.org

Additional Resources

- **Mental Health Ombuds Service** (*covering Chelan, Douglas, & Grant Counties*) | 1 (844) 636-2038
- **Washington Health Care Authority Customer Service** | 1 (800) 562-3022
- **Washington Health Plan Finder** (*apply or renew Washington Apple Health (Medicaid) health insurance*) <https://www.wahealthplanfinder.org> or 1 (855) 923-4633
- **Washington Information Network 211** | <https://www.resourcehouse.info/win211/Index>
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Behavioral Health Care Resources for Children and Teens

North Central Washington – Okanogan County

Mental Health Services

Agencies:

- Okanogan Behavioral Healthcare | 1007 Koala Ave, Omak, (509) 826-6191

Private Mental Health Practitioners:

- Savannah Miller, MSW LICSW | Twisp, (509) 581-4074

Substance Use Disorder Services

- Okanogan Behavioral Healthcare | 1007 Koala Ave, Omak, (509) 826-6191
- Washington Recovery Help Line – 1 (800) 789-1511 or www.warecoveryhelpline.org

Crisis Services

- North Central Washington Crisis Line (*professional counselors available 24/7*) | (800) 852-2923
- Samaritan Hospital Emergency Room | 801 E Wheeler Rd, Moses Lake, (509) 765-5606
- Teenlink (*a confidential teen-answered hotline and computer chat service run by Washington Recovery Help Line*) | 1 (800) 833-6546 or <http://866teenlink.org>
- National Alliance on Mental Illness (NAMI) Crisis Text Line | text NAMI at 741741

Suicide Prevention and Intervention Services

- National Alliance on Mental Illness (NAMI) Crisis Text Line | text NAMI at 741741
- Red Nacional de Prevencion del Suicidio (*national Spanish-speaking hotline*) | 1 (888) 628-9454
- The Trevor Project (*confidential hotline for suicidal LGBT teens*) | 1 (866) 4-U-TREVOR
- U.S. National Suicide Hotline | 1-800-SUICIDE or 1-800-273-TALK (8255) or www.suicidepreventionlifeline.org

Pediatric Therapy & Early Intervention Services

- Okanogan Behavioral Healthcare | 1007 Koala Ave, Omak, (509) 826-6191
- Okanogan County Public Health | 1234 S 2nd Ave, Okanogan, (509) 422-7140

Family Support Services

- Parent Trust for Washington Children | Statewide Family Help Line – 1 (800) 932-HOPE (4673), www.parenttrust.org

Additional Resources

- Mental Health Ombuds Service (*covering Chelan, Douglas, & Grant Counties*) | 1 (844) 636-2038
- Washington Health Care Authority Customer Service | 1 (800) 562-3022
- Washington Health Plan Finder (*apply or renew Washington Apple Health (Medicaid) health insurance*) <https://www.wahealthplanfinder.org> or 1 (855) 923-4633
- Washington Information Network 211 | <https://www.resourcehouse.info/win211/Index>
- Washington State DSHS Report Abuse & Neglect | 1 (866) END-HARM (363-4276) or 911 if emergency

**clinic enrolled in Pediatric Transforming Clinical Practices Initiative (P-TCPi)*

Last revised December 2018 → Send updates to Blake Edwards, Statewide Lead Behavioral Health Champion, Washington Chapter of the American Academy of Pediatrics, at blake.edwards@cvch.org.