Behavioral Health Care Resources for Children and Teens

North Central Washington – *Chelan and Douglas Counties*

Mental Health Services

*Agencies:*

- Catholic Charities* | 145 S Worthen St, Wenatchee, (509) 662-6761
- Columbia Valley Community Health – Children’s Behavioral Health* | 140 Easy Way, Wenatchee, (509) 662-4296, and 317 E Johnson, Chelan, (509) 682-6000
- Columbia Valley Community Health – Behavioral Medicine* *(must be established with CVCH primary care physician; walk-in’s okay for CVCH patients)* | 600 Orondo Ave, Wenatchee, (509) 662-6000 ext. 1073
- Confluence Health Behavioral Health | 630 N Chelan Ave, Suite A7, Wenatchee, (509) 665-7944
- Lake Chelan Community Hospital | 503 E Highland Ave, Chelan, (509) 682-3300
- Safety Advocacy Growth Empowerment (SAGE) *(victims of domestic and sexual violence)* | 710 N Chelan Ave, Wenatchee, (509) 663-7446
- Wenatchee Valley College Counseling Services *(enrolled students)* | 1300 5th St, 1st floor, Wenatchi Hall, Wenatchee, (509) 682-6850

*Private Mental Health Practitioners that Treat Children and Adolescents:*

- Bo Cristal, MA LMHC | 208 N Chelan Ave, Wenatchee (509) 387-1799
- Cheryl Short, MA MDiv LMFT LMHC | Wenatchee, (509) 778-4484
- Dana Wolf, MS LMHC | 113 2nd St, Ste 7, Wenatchee, (509) 774-2388
- Debra Ciarlo, MEd LMHC | 210 Methow St, Wenatchee, (509) 774-2346
- Dee Cummings, BSP CC | 807 Benton Way, Wenatchee, (509) 631-9591
- Heidi Whitney, LMHC | 113 2nd St, Ste 12, Wenatchee, (509) 860-8664
- Julie Ray, MS LMFT | 100 Maple St, Ste C, Cashmere, (509) 571-2231
- Kathleen Hill, MA LMFT | 430 Elva Way, East Wenatchee, (509) 822-2588
- Kristen Callison, PhD LMFT | 417 King St, Wenatchee, (509) 774-2609
- Maggie Ellis, LMHC | 23 S Wenatchee Ave, Wenatchee, (509) 387-0243
- Manoah Winter, MAEd LMHC | 113 2nd St, Ste A, Wenatchee, (509) 412-3891
- Rebecca Michkiosky, MA LMHC | 11 Spokane St, Ste 205A, Wenatchee, (509) 860-4350
- Rosemarie McKeen, MSW LICSW | 539 S Chelan, Wenatchee, (509) 774-6582
- Shipowick-Smith Counseling, LLC* *(private group practice with multiple therapists)*
  326 N Miller St, Wenatchee, (509) 667-0679
- Terri Greer, PhD LMHC* | 539 S Chelan, Wenatchee, (509) 774-5949
- Tim Bartlett, MS LMHC | 11 Spokane St, Ste 203B, Wenatchee, (509) 774-5390

Substance Use Disorder Services

- Columbia Counseling | 610 N Mission St, Ste 106 Wenatchee, (509) 888-4404
- Columbia Valley Community Health – New Path* | 819 N Miller St, Ste 1-B, Wenatchee, (509) 682-6000
- Lake Chelan Community Hospital | 503 E Highland Ave, Chelan, (509) 682-3300
- The Center for Alcohol and Drug Treatment* | 327 Okanogan Ave, Wenatchee, (509) 662-9673
- Washington Recovery Help Line – 1 (800) 789-1511 or www.warecoveryhelpline.org
Behavioral Health Care Resources for Children and Teens

Crisis Services
• Catholic Charities Walk-in Crisis Services* | 145 S Worthen St, Wenatchee, (509) 662-6761
• Central Washington Hospital Emergency Room | 1201 S Miller St, Wenatchee, (509) 662-1511
• Chelan-Douglas 24/7 Community Mental Health Crisis Line* (run by Catholic Charities) | (509) 662-7105 or 1 (800) 852-2923
• Lake Chelan Community Hospital Emergency Room | 503 E Highland Ave, Chelan, (509) 682-3300
• SAGE 24/7 Domestic and Sexual Violence Hotline | (509) 663-7446 or (509) 669-9652
• Teenlink (a confidential teen-answered hotline and computer chat service run by Washington Recovery Help Line) | 1 (800) 833-6546 or http://866teenlink.org
• National Alliance on Mental Illness (NAMI) Crisis Text Line | text NAMI at 741741

Suicide Prevention and Intervention Services
• National Alliance on Mental Illness (NAMI) Crisis Text Line | text NAMI at 741741
• Red Nacional de Prevencion del Suicidio (national Spanish-speaking hotline) | 1 (888) 628-9454
• The Trevor Project (confidential hotline for suicidal LGBT teens) | 1 (866) 4-U-TREVOR
• U.S. National Suicide Hotline | 1-800-SUICIDE or 1-800-273-TALK (8255) or www.suicidepreventionlifeline.org

Pediatric Therapy & Early Intervention Services
• Achieve Center Pediatric Therapy* (Speech, Physical, Occupational Therapies) | 1500 S Mission St, Wenatchee, (509) 888-2505
• NC Educational Service District Early Intervention* | 175 E Penny Rd, Wenatchee, (509) 664-3781
• Ohana Therapy and Activity Center* (Occupational Therapy) | 1139 N Princeton St, Ste B, Wenatchee, (509) 888-7435, and 940 US Hwy 2, Unit C, Leavenworth, (509) 888-7435

Family Support Services
• Parent Trust for Washington Children | Statewide Family Help Line – 1 (800) 932-HOPE (4673), www.parenttrust.org
• The Compassionate Friends (supporting families grieving a child’s death) | Director-Carol Sunada, (509) 860-3620, www.tcfwenatcheevalley.org

Additional Resources
• WashingTeenHelp.org (connects pregnant/parenting teens to state benefits and community supports)
• Central Washington Sleep Diagnostic Center | 603 N Mission St, Wenatchee, (509) 663-1578
• Mental Health Ombuds Service (covering Chelan, Douglas, & Grant Counties) | 1 (844) 636-2038
• Washington Health Care Authority Customer Service | 1 (800) 562-3022
• Washington Health Plan Finder (apply or renew Washington Apple Health (Medicaid) health insurance) https://www.wahealthplanfinder.org or 1 (855) 923-4633
• Washington Information Network 211 | https://www.resourcehouse.info/win211/Index
• Washington State DSHS Report Abuse & Neglect | 1 (866) END-HARM (363-4276) or 911 if emergency

*clinic enrolled in Washington State’s Pediatric Transforming Clinical Practices Initiative (P-TCPi)
Behavioral Health Care Resources for Children and Teens

North Central Washington – Grant County

Mental Health Services

Agencies:

• Grant Integrated Services | 840 E Plum St, Moses Lake, (509) 765-9239, and 203 Central Ave S, Quincy, (509) 787-4466, and 322 Fortuy Rd, Grand Coulee, (509) 633-1471, and 130 Camela St, Royal City, (509) 765-9239, and 131 Basin St SW, Ephrata, (509) 765-9239, and 215 1st St, Mattawa, (509) 932-0100

Private Mental Health Practitioners:

• Ron Norton, MS MEd LMHC | Moses Lake, Ephrata, and Quincy, (509) 398-0401

Substance Use Disorder Services

• Grant Integrated Services | 840 E Plum St, Moses Lake, (509) 765-9239

• Washington Recovery Help Line – 1 (800) 789-1511 or www.warecoveryhelpline.org

Crisis Services

• North Central Washington Crisis Line (professional counselors available 24/7) | (800) 852-2923

• Samaritan Hospital Emergency Room | 801 E Wheeler Rd, Moses Lake, (509) 765-5606

• Teenlink (a confidential teen-answered hotline and computer chat service run by Washington Recovery Help Line) | 1 (800) 833-6546 or http://866teenlink.org

• National Alliance on Mental Illness (NAMI) Crisis Text Line | text NAMI at 741741

Suicide Prevention and Intervention Services

• National Alliance on Mental Illness (NAMI) Crisis Text Line | text NAMI at 741741

• Red Nacional de Prevencion del Suicidio (national Spanish-speaking hotline) | 1 (888) 628-9454

• The Trevor Project (confidential hotline for suicidal LGBT teens) | 1 (866) 4-U-TREVOR

• U.S. National Suicide Hotline | 1-800-SUICIDE or 1-800-273-TALK (8255) or suicidepreventionlifeline.org

Pediatric Therapy & Early Intervention Services

• Achieve Center Pediatric Therapy* (Speech, Physical, Occupational Therapies) | 2323 W Broadway Ave, Ste 3, Moses Lake, (509) 707-0336, and 1500 S Mission St, Wenatchee, (509) 888-2505

• Autism Therapy Services of Moses Lake* | 618 S Alder St, Moses Lake, (509) 764-6644

Family Support Services


• Parent Trust for Washington Children | Statewide Family Help Line – 1 (800) 932-HOPE (4673), www.parenttrust.org

Additional Resources

• Mental Health Ombuds Service (covering Chelan, Douglas, & Grant Counties) | 1 (844) 636-2038

• Washington Health Care Authority Customer Service | 1 (800) 562-3022

• Washington Health Plan Finder (apply or renew Washington Apple Health (Medicaid) health insurance) https://www.wahealthplanfinder.org or 1 (855) 923-4633

• Washington Information Network 211 | https://www.resourcehouse.info/win211/Index

• Washington State DSHS Report Abuse & Neglect | 1 (866) END-HARM (363-4276) or 911 if emergency

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Behavioral Health Care Resources for Children and Youth - North Central WA
Behavioral Health Care Resources for Children and Teens

North Central Washington — Okanogan County

Mental Health Services

**Agencies:**
- Okanogan Behavioral Healthcare | 1007 Koala Ave, Omak, (509) 826-6191

**Private Mental Health Practitioners:**
- Savannah Miller, MSW LICSW | Twisp, (509) 581-4074

Substance Use Disorder Services

- Okanogan Behavioral Healthcare | 1007 Koala Ave, Omak, (509) 826-6191
- Washington Recovery Help Line – 1 (800) 789-1511 or www.warecoveryhelpline.org

Crisis Services

- North Central Washington Crisis Line *(professional counselors available 24/7)* | (800) 852-2923
- Samaritan Hospital Emergency Room | 801 E Wheeler Rd, Moses Lake, (509) 765-5606
- Teenlink *(a confidential teen-answered hotline and computer chat service run by Washington Recovery Help Line)* | 1 (800) 833-6546 or http://866teenlink.org
- National Alliance on Mental Illness (NAMI) Crisis Text Line | text NAMI at 741741

Suicide Prevention and Intervention Services

- National Alliance on Mental Illness (NAMI) Crisis Text Line | text NAMI at 741741
- Red Nacional de Prevencion del Suicidio *(national Spanish-speaking hotline)* | 1 (888) 628-9454
- The Trevor Project *(confidential hotline for suicidal LGBT teens)* | 1 (866) 4-U-TREVOR
- U.S. National Suicide Hotline | 1-800-SUICIDE or 1-800-273-TALK (8255) or www.suicidepreventionlifeline.org

Pediatric Therapy & Early Intervention Services

- Okanogan Behavioral Healthcare | 1007 Koala Ave, Omak, (509) 826-6191
- Okanogan County Public Health | 1234 S 2nd Ave, Okanogan, (509) 422-7140

Family Support Services

- Parent Trust for Washington Children | Statewide Family Help Line – 1 (800) 932-HOPE (4673), www.parenttrust.org

Additional Resources

- Mental Health Ombuds Service *(covering Chelan, Douglas, & Grant Counties)* | 1 (844) 636-2038
- Washington Health Care Authority Customer Service | 1 (800) 562-3022
- Washington Health Plan Finder *(apply or renew Washington Apple Health (Medicaid) health insurance)*
  https://www.wahealthplanfinder.org or 1 (855) 923-4633
- Washington Information Network 211 | https://www.resourcehouse.info/win211/Index
- Washington State DSHS Report Abuse & Neglect | 1 (866) END-HARM (363-4276) or 911 if emergency

*clinic enrolled in Pediatric Transforming Clinical Practices Initiative (P-T CPI)

Last revised December 2018 — Send updates to Blake Edwards, Statewide Lead Behavioral Health Champion, Washington Chapter of the American Academy of Pediatrics, at blake.edwards@cvch.org.